

GARRET BISS

SPEAKER | AUTHOR | VETERAN

“Drive lasting change for Veterans and those who support them with engaging insights and heartfelt stories.”

POPULAR TALKS:

THE TRAUMA OF MILITARY TRANSITION:

Understanding the root causes of Substance Use Disorder (SUD) among veterans is crucial for effective support and recovery. This presentation delves into the complexities of the military-to-civilian transition, highlighting the impact on mental health and the development of SUD. Through real-life examples and evidence-based approaches, attendees will gain insights into improving support structures for veterans, ultimately facilitating a smoother transition and reducing the risk of SUD, mental health challenges, or loss of hope.

Foster the individual and organizational growth that's possible only through building connection, authenticity, and a sense of purpose.

CONFIDENCE, COMPETENCE, AND CAPACITY: STRATEGIES FOR LONG-TERM RECOVERY

Develop the core foundational elements necessary for a successful, long-term recovery from addiction or adversity. Veterans and those who support them must learn to cultivate confidence, develop competence, and enhance capacity, creating a robust framework for recovery and leadership. Through engaging storytelling and actionable advice, this session provides a roadmap for overcoming challenges and achieving lasting change.

Recovery is not merely a process; it's a lifelong journey. Understanding the intricacies Veterans face along this path is crucial for those guiding them through it or leading them in an organization. Master the underlying principles that drive enduring recovery, with a specific focus on Veterans.



MEET GARRET:

Veteran, Award-winning Author, and Respected Thought-Leader in the Addiction Recovery Industry, Garret Biss is a highly-sought speaker and trainer for national conferences down to the board room.

Retired Marine Corps Pilot Garret Biss turned personal adversity into advocacy. After confronting a post-retirement crisis of anxiety, depression, addiction, and thoughts of suicide, Garret charted a transformative path of recovery emphasizing self-worth and resilience.

The co-founder of a pioneering recovery residence and creator of ValiantPath™, Garret leads others towards healing and growth.

Garret – an esteemed speaker – blends engineering precision with innovation and military leadership to inspire change and offer practical solutions to complex challenges.



Contact garret@garretbiss.com or 571-330-5374 | Visit GarretBiss.com to Learn More

POPULAR TALKS (CONT.):

MISSION-CRITICAL PERFORMANCE: ENGAGE & EMPOWER YOUR VETERAN WORKFORCE

In the corporate battleground where innovation, efficiency, and leadership determine success, the experiences and skills of veteran employees are invaluable assets waiting to be fully realized.

Develop specific strategies for effectively engaging a veteran workforce, fostering a culture of inclusion, and harnessing the leadership and problem-solving skills veterans possess.

RESILIENCE AS A STRATEGY: VETERANS LESSONS ON OVERCOMING ADVERSITY IN BUSINESS

Resilience is not just a survival trait; it's a strategic advantage. "Resilience as a Strategy" is a compelling message that draws on the unparalleled resilience of veterans to help businesses thrive in an ever-changing and challenging marketplace.

This session will not only inspire but will equip participants with the tools to navigate challenges with confidence and strength.

TAILORED SPEECH/PRESENTATION FOR YOUR ORGANIZATION

Garret creates a personalized speech or workshop that addresses a specific initiative or unique challenges within your organization. This presentation will be customized to your organization's goals or needs and can help tackle a persistent issues or enhance innovation, effectiveness, or camaraderie within the organization.



"[His message] had a lasting impression with the group"

– USMC INSIDER THREAT

"this is the ONLY program that makes sense"

– VETERANS COUNCIL

"so informative! [Garret] was excellent!" – NAADAC

CAPTAIN BISS INSPIRES

1. VETERAN GROUPS:

Transitioning from service brings its own battles, including the quest for clarity, purpose, and self-worth that many Veterans lack. Dives into these challenges to regain control, direction, and a sense of meaning in life.

➤ *Reclaim your sense of purpose and direction*

2. HELPING PROFESSIONALS WHO WORK WITH VETERANS:

Gain the insight and tools to deepen your impact by understanding the complexities of transitioning from the military. Learn strategies to enhance your support and foster lasting change.

➤ *Empower your practice and extend your reach.*

3. ORGANIZATIONS WITH VETERAN

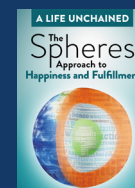
Workforce: A Veteran-rich requires understanding and support to fully unlock their potential. Build an environment where Veterans thrive, contributing their best to your mission.

➤ *Maximize the potential of your Veteran workforce.*

TWO OF GARRET'S BOOKS



Embark on a transformative journey towards joy and fulfillment. This guide offers practical exercises designed to free you from the shadows of your past, propelling you into a thriving future.



Enriching and empowering message that will allow you to break free from the chains of conventional thinking, limiting beliefs, outside expectations and social norms that hold you back. Discover authentic happiness, your true potential and the expression of your best self.



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