

Garret Biss is a New Bern, North Carolina resident and former

US Marine Corps Aviator turned award-winning author and professional speaker. Garret has enjoyed working with many great leaders and Marines from all walks of life. Through this experience, he has become fascinated by the many different ways people approach success, enjoyment and fulfillment. This fascination sparked a journey of personal growth and study of success that Garret has been on for more than a decade. After gleaning the best ideas and philosophies from hundreds of books and lectures, and learning from some of the brightest minds in positive living and

fulfillment, Garret began writing his own books to share a message positive living, leadership and vital role of service and contribution in all that we do.

Garret's personal mission as an author and professional speaker is "to inspire and empower others toward lives of greater happiness, success and fulfillment." Garret has enjoyed the fortune of being mentored by renowned thought leaders, including the international best-selling author and visionary, Gary Keller (author of *The ONE Thing* and co-founder of Keller Williams). Garret was certified as a Canfield Success Principles Trainer by America's #1 Success Coach, Jack Canfield, (co-creator of *Chicken Soup for the Soul* and bestselling author of *The Success Principles: How to Get From Where You Are to Where You Want to Be*).

Garret's award-winning book, *The Spheres Approach to Happiness and Fulfillment*, delivers his philosophy for dealing with the challenges and negativity in our lives that can lead to fear, frustration and disappointment. By using universal principles, Garret teaches how to find the silver-lining or inspiration in every challenge or obstacle life presents.

Nearly 780 million people on this planet live without access to clean drinking water. Garret is the founder of the nonprofit, One Million Goal, Inc., a foundation devoted to raising money and awareness about clean drinking water to help those in need. Garret founded this organization with a personal goal to provide clean water to one million of these men, women and children. As a "philanthropy activist" Garret enjoys spreading a message about the vital importance of service and contribution. Garret often refers to service, kindness and generosity as "the common thread" that bonds all of humanity -- across national, religious and political bounds.

Garret holds a Bachelor's Degree in Mechanical Engineering from the University of Maryland, College Park, and a Master's Degree in Real Estate Development from Auburn University. Garret was a KC-130J Aircraft Commander in the Marine Corps and retired from active duty as a Captain in 2015.